

Fast analysis of isoflavonoids in food

As soy is the most important source of vegetable oil worldwide, it contributes essentially to a balanced diet. Secondary components such as isoflavonoids have a significant positive effect on the hormonal balance. However, adverse effects can occur. The following method for a fast and robust separation of isoflavonoids will facilitate the analysis of these food ingredients.

Structures of 12 isoflavones in soybeans

glycosides					aglycones			
Compound	(abbr.)	R1	R2	R3	Compound	(abbr.)	R1	R2
Daidzin	(D)	H	H	H	Daidzein	(De)	H	H
Glycitin	(Gl)	H	OCH3	H	Glycitein	(Gle)	H	OCH3
Genistin	(G)	OH	H	H	Genistein	(Ge)	OH	H
6''-O-Acetyldaidzin	(AD)	H	H	COCH3				
6''-O-Acetylglycitin	(AGl)	H	OCH3	COCH3				
6''-O-Acetylgenistin	(AG)	OH	H	COCH3				
6''-O-Malonyldaidzin	(MD)	H	H	COCH2COOH				
6''-O-Malonylglycitin	(MGl)	H	OCH3	COCH2COOH				
6''-O-Malonylgenistin	(MG)	OH	H	COCH2COOH				

Figure 1

Influence of acetic acid concentration on soy isoflavone separation

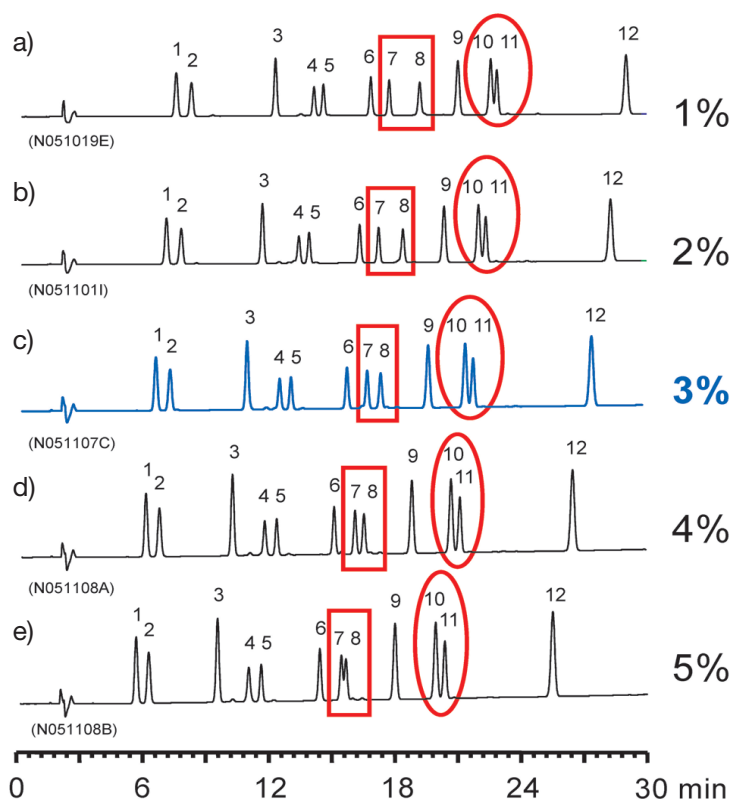


Figure 2

acetic acid concentration	Resolution (Rs)	
	peak 7, 8	peak 10, 11
1%	5.82	1.04
2%	4.55	1.22
3%	2.51	1.30
4%	1.67	1.47
5%	n.c.	1.51

1. D
2. Gl
3. G
4. MD
5. MGl
6. AD
7. AGl
8. MG
9. De
10. Gle
11. AG
12. Ge

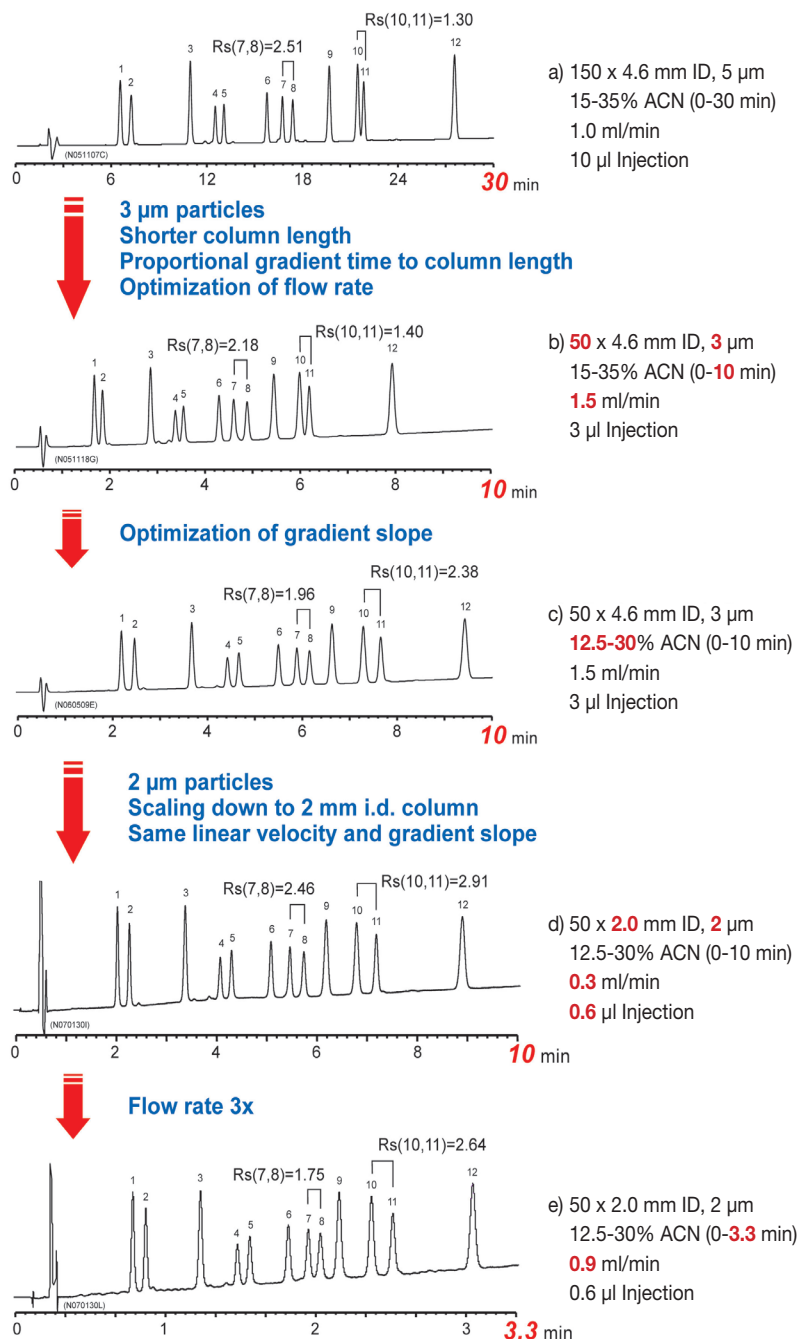
Column: YMC Hydrosphere C18
(5 µm, 12 nm) 150 x 4.6 mm ID
Part No.: HS12S051546WT
Flow rate: 1.0 ml/min
Temperature: 35 °C
Detection: UV at 254 nm
Injection: 10 µl (0.01 mg/ml)
Eluent: A: water / acetic acid
B: acetonitrile / acetic acid
Gradient: 15-35% B (0-30 min)

The isoflavonoids were extracted from the crude matrix by stirring with a 50:50 water/ethanol mixture at room temperature for one hour. After filtration (filter paper No. 5A) the samples were prepared for HPLC analysis by use of a syringe filter (0.2 µm). Initial experiments showed very quickly that the method would be successful using gradient elution with water/acetonitrile with acetic acid to control pH (see figure 2, chromatogram a). Further

optimisation was achieved by varying the acetic acid content. Peaks 10 and 11 (Glyciteine and 6''-O-acetylgenistine) were baseline separated with a high percentage of acetic acid. However, under these conditions the resolution of peaks 7 and 8 (6''-O-Acetylglycitine and 6''-OMalonylgenistine) was poor. Reduction of the acetic acid to 3% resulted in near baseline separation of all 7 compounds (see figure 2, chromatogram c).

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Method transfer from conventional LC to ultra-fast LC



The analysis time of 30 min could be reduced substantially by conventional means of reducing particle size and column dimension (3 μ m, 50 x 4.6 mm ID). To get the same results in terms of the chromatographic behaviour it is of importance to keep a constant gradient volume. Figures 3a and b show the method transfer to a 50 x 4.6 mm ID column. Increasing the flow rate to 1.5 ml/min was necessary to maintain the resolution and elution profile. Adjusting the gradient profile (figures 3b and c) led to a baseline resolution of the critical peak pair 10 and 11.

This conventional method was then transferred to ultra-fast analysis on a JASCO high pressure system using 2 μ m particles. After modifying the chromatographic parameters the flow rate was again increased which reduced the analysis time in total by a factor of 10 (see figures 3d and e).

- | | |
|--------|---------|
| 1. D | 7. AGI |
| 2. GI | 8. MG |
| 3. G | 9. De |
| 4. MD | 10. Gle |
| 5. MGI | 11. AG |
| 6. AD | 12. Ge |

Column: Hydrosphere C18 (12 nm)
Temp.: 35 °C
Detection: UV at 254 nm
Eluent: A: water / acetic acid (100/3)
B: acetonitrile / acetic acid (100/3)

Figure 3

Conclusion

The aim of this study was the development of an ultra-fast method for the determination of isoflavonoids in soy-containing foods. The method transfer from conventional to ultra-fast HPLC systems was successful when using YMC UltraHT Hydrosphere C18 with 2 μ m particle size.