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Detection and quantitation of benzodiazepines in less than 3 min using PESI-MS and isotope dilution approach.

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1. Introduction

Benzodiazepines (BZDs), which were the most prescribed medications globally in the 80s, remain frequently used as recreational drugs and are implicated in drug-facilitated sexual assaults or driving under influence of drugs cases. They are used for their anxiolytic, sedative, muscle relaxant and anticonvulsant properties. For that reasons, quantitative screening of BZDs is a routine work for emergency samples in a clinical toxicology context. Laboratories typically rely on immunochromatography (lateral flow test) or immunohistochemistry methods which quickly generate a result but often suffer from two major drawbacks:

- numerous false negative results
- only qualitative information

In this study, we aimed to develop an **ultra-fast** method for the measurement of BZDs by using a Probe Electrospray Ionization (PESI) tandem mass spectrometry system with an **isotope dilution** approach to benefit sensitivity and specificity of MS with the speed of PESI



Figure 1: Structure of BZDs & Recreational drugs dependence graph

2. What is PESI?

The Probe ElectroSpray Ionization (PESI) source is an ambiant ionization method. I contains a disposable solid needle that is used as a sample probe and an Electrospray Ionization that is used as an emitter. To allow the ionization, a probe needle repeatedly moves down into the sample and moves up, then the ionization occurs by applying a voltage on the needle. The compounds are so periodically ionized, and their resultant ions are pushed into the MS/MS system.





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3. Method

3-1. Chemicals and reagents Bromazepam-D4 and zolpidem-D6 were supplied by Lipomed (Arlesheim, Switzerland). Alprazolam, diazepam, diclazepam, oxazepam, pyrazolam, zolpidem, zopiclone, alprazolam-D5 and zopiclone-D4 were purchased from LGC standards (Molsheim, France), and the following compounds were supplied by Cerilliant (Round Rock, TX, USA): bromazepam, nordiazepam, temazepam, diazepam-D5, nordiazepam-D5, oxazepam-D5, temazepam-D5. Clonazolam, deschloroetizolam, etizolam, flubromazepam, flubromazolam, meclonazepam nifoxipam were supplied by Chiron AS (Trondheim, Norway). Ammonium formate and ethanol were purchased from Carlo Erba. Pure water was obtained using a Millipore Integral purification system. Drug free serum was obtained from Etablissement français du sang (Limoges, France).

3-2. Sample preparation

Ten μ L of serum were mixed with 500 μ L of an ethanol/ammonium formate 10 mM (1 :1 v/v) buffer. Then, 10 µL of a 50 µg/L of the internal standards mix were added. Finally, 10 µL of this mixture were spiked on the dedicated plastic sample plate and placed into the PESI ionsource. To perform the method validation tests, seven BZDs working solutions (5, 25, 50, 100, 500, 1000 and 2000 µg/L) were prepared in methanol and stored at -20 °C. Each concentration levels (5, 25, 50, 100, 500, 1000 and 2000 µg/L) were prepared daily by spiking serum with working solutions. For the 10 designer BZDs, working solutions at 25, 50, 100 μ g/L were prepared in methanol and stored at -20 ° C.

3-1. Instruments & Parameters

A LCMS-8060NX triple quadrupole mass spectrometer (Shimadzu Corporation) coupled with a DPiMS-8060 Shimadzu Corporation) was used in positive ionization mode for all the BZDs and the IS detection. The vertical movement of the needle was repeated with a frequence of 3.1 Hz (184/min) for a run time of 2.56 min. The parameter settings were as follows: time for probe movement = 160 ms ; probe voltage = 2.3 kV ; desolvation line temperature = 250 $^{\circ}$ C; heat block temperature = 30 $^{\circ}$ C. BZDs and their IS were detected trough a multiple reaction monitoring (MRM). The main MS parameters we optimized to ensure that the first transitions (used for quantitation) exhibited the same intensity to apply an isotope dilution protocol. The selected MRM transition and MS parameters are presented in table I. BZD are analysed one after the other during 0.25 min for each one.



Figure 2: LCMS-8060NX with DPiMS-

Figure 3: TIC obtained for a serum spiked with alprazolam at 100 µg/L.

Compounds	Precursor ion	
	m/z	
	309.1000	
Alprazolam (BZD)	309.1000	
Promozonom (P7D)	316.0100	
Bromazepam (BZD)	316.0100	
Clonazolam	354.0800	
Cionazolam	354.0800	
Deschloroetizolam	309.1200	
Desemoroetizotatii	309.1200	
Diazepam (BZD)	285.0789	
	285.0789	
Diclazepam	319.3997	
Etizolam		
Flualprazolam		
Flubromazepam		
Flubromazolam		
	í.	
Meclonazepam		
	316.0700	
Nitoxipam	316.0700	
Nordiazonam (PZD)	271.0630	
Norulazepalli (BZD)	271.0630	
Oxazenam (BZD)	287.0600	
Oxazopani (BED)	287.0600	
Pyrazolam	354.1000	
,	azepam 319.3997 319.3997 319.3997 319.3997 343.07800 343.07800 343.07800 343.07800 327.1000 327.1000 333.0000 333.0000 333.000 333.000 333.000 333.000 333.000 333.000 333.000 330.0600 330.000 330	
Temazepam (BZD)	Azepam (BZD) 285.0789 285.0789 319.3997 285.0789 319.3997 319.3997 319.3997 319.3997 343.07800 343.07800 343.07800 343.07800 343.07800 343.07800 327.1000 abromazepam 327.1000 abromazepam 333.0000 abromazepam 333.0000 abromazepam 3316.0700 abromazepam (BZD) 316.0700 azepam (BZD) 287.0600 azepam (BZD) 287.0600 razolam 354.1000 azepam (BZD) 301.0700 mazepam (BZD) 301.0700 agen (BZD) 308.1760 assp.1500 389.1500 assp.1500 389.1500 assp.1500 314.3000 azepam-D5 290.2000 azepam-D5 290.2000 azepam-D5 290.2000 azepam-D5 292.2000	
Zolpidem (BZD)		
Zopiclone (BZD)		
Alprazolam-D5		
D D (
Bromazepam-D4	322.1000	
Diazonam D5	290.2000	
Diazepaili-D5	290.2000	
Nordiazenam-D5	276.2000	
	276.2000	
Oxazepam-D5	292.2000	
Temazepam-D5		
	301.0700	
Zolpidem-D6	314.3000	
	314.3000 393.2000	
Zopiclone-D4	393.2000 393.2000	
	373.2000	

and 10 designer drugs plus 8 internal standards.





Product ion MRM parameters CE (eV) Q3 (V) Q1 (V) m/z -28.0 281.1000 -14.0 -28.0 -20.0 -42.0 205.0000-31.0 -11.0 82.0500 -21.0 -38.0 209.0000 -28.0 -14.0 308.0800 -37.0 -13.0 280.0600 -25.0 280.0800 -13.0 -23.0 -12.0 255.0950 -33.0 -20.0 193.0886 -27.0 -15.0 154.0420 -15.0 227.0500 -32.0 154.0400 -28.0 -27.0 313.9500 259,9000 -37.0 223.0500 -41.0 -22.0 299.0500 -29 0 226.0000 -29.0 183.9000 223.0700 343.0100 283.9500 -26.0 -13.0 237.9500 -21.0269.9500 -30.0 223.9500 -27.0 208.0990 -21.0 -27.0 -24.0 140.0260 -23.0 -16.0 240.9500 43.4000 -41.0 -16.0 67.1000 -35.0 -16.0 -31.0 206.0500 254.9000 -41.0 -18.0 176.9000 235.1230 -15.0 -20.0 -35.0 -53.0 -20.0 92.0000 -21.0 -20.0 -24.0 245.0500 -14 (-55.0 112.0500 -28.0 -19.0 -28.0 286.1500 -17.0 -18.0 -42.0 -20.0 210.1000 -16.0 -32.0 -18.0 186.0500 -16.0 213.1000 -12.0 -28.0 -21.0 -33.0 -19.0 198.1000 -20.0 -15.0 -28.0 154.0000 -21.0 213.1000 -30.0 -20.0 -10.0 140.2000 -29.0 -13.0 -19.0 -24.0 -16.0 246.1000 -14.0 -25.0 -20.0 45.1000 -22.0 -24.0 254.9000 -11.0 -16.0 -41.0 -18.0 176.9000 -11.0 -37.0 235.1000 -15.0 -23.0 -52.0 -15.0 92.1000 -22.0 245.0500 -17.0 -20.0 -24.0 -19.0 -54.0 112.1500 -20.0

Table I : MRM transitions and optimized parameters for 8 benzodiazepines

4. Validation

For 8 BZDs (alprazolam, bromazepam, diazepam, nordiazepam, oxazepam, temazepam, zolpidem, zopiclone), 7 concentration levels (5, 25, 50, 100, 500, 1000 and 2000 µg/L) were considered for the validation of the method. Each concentration level was determined according to the isotope dilution protocol. Therefore, the concentrations were calculated with the ratio between the peak area of molecules and that of their IS multiplied by its concentration, which was 50 µg/L in our method. Each concentration was prepared and analysed each day for 6 days to determine the inter-day precision (coefficient of variation, CV) and accuracy (bias) using the ID.

The intra-day precision and accuracy were assessed for each level (n=6 for the same day). The method's validation parameters are summarized in table II. With the isotope dilution protocol, inter-day and intra-day precision and relative biases lower than 20 % were systematically obtained for all the molecules and each concentration level.

		Alprazolam		Bromazepam		Diazepam		Nordiazepam			Oxazepam		Temazepam		Zolpidem		Zopiclone		
		CV (%)	Biais	CV (%)	Biais	CV (%)	Biais	CV (%)	Biais			CV (%)	Biais	CV (%)	Biais	CV (%)	Biais	CV (%)	Biais
Intra-day precision	5	12.41	-10.58							E	5					10.15	-7.53		
	25	10.02	-8.00			13.86	-9.77	18.85	-0.24	Intra-day precision	25	16.02	5.90	11.96	7.15	8.15	-5.30	10.54	14.47
	50	10.44	4.12	11.20	-14.49	11.13	-13.28	18.66	-0.06		50	14.83	-0.63	8.99	0.98	3.87	2.68	8.47	-2.34
	100	12.88	2.83	18.39	-9.73	13.39	-8.18	17.54	10.57		100	8.78	-6.74	12.93	-5.05	5.12	4.30	11.33	-5.33
	500	13.99	2.19	19.37	-10.96	5.88	-13.63	19.11	7.92		500	10.52	-7.29	4.19	-12.55	5.45	0.58	10.09	-17.74
	1000	9.23	9.21	11.86	-4.95	10.71	-5.01	11.87	7.36		1000	16.47	-11.78	9.17	-10.61	2.90	2.82	14.63	-7.83
	2000	5.32	10.32	11.64	-6.33	9.50	-1.37	11.21	11.24		2000	17.32	-9.70	9.20	-10.13	4.14	12.10	11.11	-1.67
Inter-day precision	5	9.20	1.19							-day precision	5					3.80	7.34		
	25	8.69	-3.21			4.56	-15.99	8.33	-1.05		25	9.35	5.33	10.51	-11.36	6.94	-4.80	14.87	-6.13
	50	10.40	-8.80	3.95	4.73	5.69	-0.43	15.10	2.69		50	13.91	-2.74	9.50	12.39	5.29	11.58	12.50	-4.35
	100	4.12	9.26	17.67	0.37	9.04	-18.95	13.40	2.29		100	10.62	1.11	4.33	-14.27	3.45	7.92	14.15	-2.48
	500	5.28	9.44	6.12	2.35	5.35	-12.61	6.78	4.88		500	8.90	6.01	4.28	-14.23	4.99	9.85	8.20	-1.27
	1000	4.24	8.53	6.95	5.22	2.24	-19.07	8.03	2.04	Inter-	1000	9.19	-7.75	4.28	-14.70	3.62	4.27	12.47	-14.24
	2000	6.13	1.25	10.86	8.47	6.37	-17.53	14.01	10.13	<u> </u>	2000	4.46	-13.47	6.41	-13.97	4.04	0.46	8.57	-2.67

Table II: Validation parameters of the method

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5. Real Samples

For the present study, 40 samples sent to our Lab for determination of BZDs (i.e. routine activity) were analyzed on the same day using by a LC-MS/MS method, by an immunoassay and by the new developed PESI-MS/MS method. The immunoassay was installed on an Architect Ci8100 (Abbott, France). The LC-MS/MS methods needed 100 µL of serum and was based on a QuEChERS salts extraction. It was developed using a LCMS-8050 (Shimadzu Corporation) for the analysis of 35 traditional and designer BZDs with calibration ranges from 5 to 2000 μ g/L. Both the immunoassay and the LC-MS/MS, employed in routine in the Lab, were fully validated for clinical practice according to European Medicines Agency and ISO15189 guidelines.

6. Results

Among the 40 real samples, 100 % of the molecules detected by LC-MS (n=89) were also detected by PESI-MS and regression analysis reported an excellent agreement between the two methods (r²=0.93). With IC, three false negative cases were observed: two cases with bromazepam and one with zolpidem. Among these real samples, no designer BZD was detected.

7. Conclusions

A method for an ultrafast measurement of 18 BZDs in serum was developed and validated using a PESI-MS approach combine with an isotope dilution protocol. Using only 10 µL of sample. This method provides an accurate determination of commercially available BZDs and detection of designer BZDs in about 2.5 minutes.





Regression analysis for BZD concentrations measured with PESI-MS and LC-MS/MS